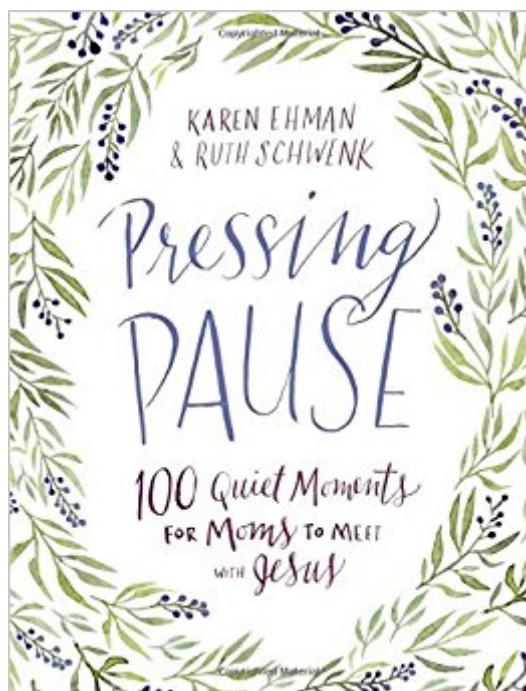


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# Pressing Pause: 100 Quiet Moments For Moms To Meet With Jesus



## Synopsis

Kids bickering? Schedule jam-packed? Dishes and laundry both piled up high? Perhaps it's time you pressed pause. Whether you're juggling a career, kids' schedules, and church commitments or you're covered in spit-up and anxious about what the next eighteen years might hold, you can carve out a few quiet moments to rejuvenate your spirit. Pressing Pause offers you a calm way to start your day, to refresh yourself in Jesus and drink deeply of His presence so that you are ready to pour out love, time, and energy into the people who matter most to you. These 100 encouraging devotions for moms will help you begin each day with Scripture, drawing on God's power, ingesting His Word, and learning practical ways to love and serve more like His Son. Just a few minutes each day can help you center your heart and mind on what God has for you as His beloved daughter. So resist the rush. Halt the hustle. Press pause and find some calm in the chaos.  Karen Ehman is a Proverbs 31 Ministries speaker, a New York Times bestselling author, and a writer for Encouragement for Today, an online devotional that reaches more than 1 million women daily. She has written nine books. Connect with her at [KarenEhman.com](http://KarenEhman.com). Ruth Schwenk is a pastor's wife, mom of four energetic kids, lover of coffee, and dreamer of big dreams. She is the creator of [TheBetterMom.com](http://TheBetterMom.com), and along with her husband, Patrick, [ForTheFamily.org](http://ForTheFamily.org).

## Book Information

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## Customer Reviews

Karen Ehman is a Proverbs 31 Ministries speaker, a New York Times best-selling author, and a writer for Encouragement For Today, an online devotional that reaches over one million women

daily. She has written seven books including KEEP IT SHUT: What to Say, How to Say It & When to Say Nothing at All and LET IT GO: How to Stop Running the Show & Start Walking in Faith. Married to her college sweetheart, Todd, and the mother of three, she enjoys antique hunting, cheering for the Detroit Tigers, and feeding the many teens who gather around her kitchen island for a taste of Mama Karen's cooking. Connect with her at [www.karenehman.com](http://www.karenehman.com). Ruth Schwenk is the founder of The Better Mom, and along with her husband, the creator of For the Family. She is a pastor's wife, mom of four energetic kids, a lover of coffee, and dreamer of big dreams. She loves leading, speaking, and blogging. A graduate of Moody Bible Institute, Ruth is the coauthor of Hoodwinked and Pressing Pause. Ruth and her husband, Patrick, are the coauthors of For Better or for Kids. Ruth and Patrick have been in full-time church ministry for over fifteen years, and live in Ann Arbor, Michigan.

Great devotional for mom's young and old. A dear friend recommended this to me and I'm really enjoying it. Short devotions for busy mom's limited on time. Take in the car, read in the morning, nap time or any where you can relax and pause a minute or two.

Reading a little snippet every day to keep me focused and remind me of what's important in life. This was recommended by my sister-in-law who is an incredible mother and wife. I love how the chapters are short but are very thought provoking. Great gift for any mom!

I bought this book a couple months ago and especially love the bite-sized stories each author shares. They write from a place of realness and understanding. This would make a great gift for any mom. It is hard back and thick, great quality and well written. A favorite on my shelf.

I like the everyday devotions but they verses that are given have nothing to do with what they explain. You cannot just tear out the verse and apply it like that. I also like that the devotions are not dated like August 1st . You can read the devotion whenever and stop and re read whenever ... most of it helps any mother. Wonderful inspiration .

This book is so great. It really helps you slow down, press pause, and remember the important things in life. They are quick devotional reads, so no having to spend so much time on one. Love this book.

I have three little ones at home, who I love to pieces... but sometimes I feel like I am losing my mind. I am SO glad I found this book!! It has helped refuel my spirit and I really enjoy the short passages (I do 1-2 per day) and moment of reflection at the end where you can do a small journal-type entry. With all the chaos and distraction in our daily lives, it is comforting and inspiring to take a few minutes each day to remember what is most important in life... I highly recommend!!

Pressing pause has the ability to give you an inspiring moment with your personal spirituality at any given time. I open it when I'm in a tough place in life and no matter what page I'm on it fits my troubles. When I open it just to have a moment of peace in a hectic happy world, I feel strength. The way she writes and the way she understands the word of god is a gift. Take advantage of it!

I absolutely love this book. I've gone through it by myself and gone through it with friends. Peaceful, purposeful, timely messages for the reader. When the day is long and I have just a moment between household crisis, I often reach for this book to help lighten the load and center my thoughts.

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